



Republic of the Philippines
Department of Education
Region VII, Central Visayas
DIVISION OF CEBU PROVINCE
IPHO Bldg., Sudlon, Lahug, Cebu City



July 11, 2014

DIVISION MEMORANDUM

No. 327, s. 2014

SEMINAR-WORKSHOP ON COACHING SELECTED SPORTS EVENTS

To: Assistant Superintendents
Division Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads
Heads, Private Elementary and Secondary Schools

- Attached is a copy of Regional Memorandum No. 398, s. 2014, dated July 8, 2014, entitled, "**Seminar-Workshop on Coaching Selected Sports Events**" for the information and guidance of all concerned.
- Participants to this training are the following identified Coaches, Resource Speakers per sports event with the division personnel:
 - Coaches:**

* Arnis - Arnel Great, Balud NHS - Joseph Basilisco, Alcantara NHS	* Basketball – Jonathan Dinglasa, San Sebastian NHS Jovanni Senadrin, Don Julian Enad MNHS
* Chess – Santiago Peque, Barili 1 and Juan Peralta, Carmen	
* Sepak Takraw – Isidro Guinita, Catmon IS Noel Nervida, Sta Fe NHS	* Tennis -Roger Banogbanog, Alcoy NHS Josephus Arellano, San Miguel NHS
* Taekwondo – Amiel Villarmente, Barili Alberto Arcilla, Jr., Balamban	* Volleyball -Vicente Suycano, Oslob Aleth Arche, Sogod
* Gymnastics –Rodrigo Apos, Consolacion NHS (Night), Ramie Gelig, Consolacion	Aiza Tibon, Consolacion NHS (Night); John Clifford Bio, Consolacion
 - Resource Speakers:**

* Gymnastics - Wynn Reroma, DLP, Liloan	* Taekwondo – Edsel Ursal, Kal-anan NHS
* Tennis - Rene Borgonia, Buanoy NHS	
 - Division MAPEH/Sports Coordinators:**

Virginia S. Cayon	Nenita G. Jaralve
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- For more information and confirmation of participation, all concerned shall contact Mrs. Virginia S. Cayon/Mrs. Nenita G. Jaralve of the Division Office, Cellphone Numbers 0905-8364-759 or 0923-564-7004 /0917-499-8497 or 0933-960-2008.
- Travelling expenses, registration fee, per diem and other incidental expenses incurred by the participants and training staff are chargeable against Local Funds, Division/School MOOE/SEF and other sources of funds subject to the usual accounting and auditing rules and regulations.
- This memorandum shall serve as the participants' Authority to Travel.
- Immediate and wide dissemination of this Memorandum is desired.

ARDEN D. MONISIT, Ed. D.
Schools Division Superintendent



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



JUL 08 2014


REGIONAL MEMORANDUM

No. 398 s. 2014

SEMINAR-WORKSHOP ON COACHING SELECTED SPORTS EVENTS

To: Schools Division Superintendent
Officers-in-Charge of Regular/Interim Divisions

1. This Office announces the conduct of a Seminar-Workshop on Coaching in the following events: **Arnis, Basketball, Chess, Gymnastics, Sepak Takraw, Tennis, Taekwondo and Volleyball** on July 17-20, 2014 at Mandaue City. Registration and Opening Program will start at 8:30 A.M., JCenter Mall, A.S. Fortuna St., Mandaue City.
2. The objectives of the said training are to:
 - a. capacitate teachers/coaches with the knowledge and skills needed in coaching;
 - b. discuss different strategies in coaching;
 - c. inform and orient coaches on the code of ethics and their duties and responsibilities; and
 - d. create a plan in the organization of division pool of coaches.
3. Participants to this training are Coaches and MAPEH Supervisors/Sports Coordinators. Each Division is encouraged to send two (2) participants for every event. List of recommended participants shall be submitted to the Regional Office, Educational Support Services Division on or before July 14, 2014.
4. A registration fee of One Thousand Eight Hundred Pesos (P1,800.00)(in cash only), shall be collected from each participant to defray expenses for lunch and snacks, training kit, training materials and supplies, honorarium of speakers and transportation to the different venues, excluding lodging.
5. Travelling expenses, registration fee, per diem and other incidental expenses incurred by the participants and training staff are chargeable against Local Funds, Division/School MOOE/SEF and other sources of funds subject to the usual accounting and auditing rules and regulations.
6. Immediate dissemination of this Memorandum is desired.


CARMELITA T. DULANGON
Director III
Officer-in-Charge

CTD/VGG/trc
ESSD

"Educating for a Strong Republic"

Regional Director's Office: Tel. nos.: (032) 231-1433; 231-1309; Telefax 414-7399; 414-7325; Asst. Regional Director's Office Telefax: (032) 255-4542;
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Training and Development Division: (032) 255-5239 loc. 112; Planning, Policy and Research Division: (032) 233-9030; 414-7065;
Administrative Division: (032) 414-7326; 255-1313; 414-7322; 414-7366; 231-1071; Budget and Finance Division: (032) 256-2375; 253-8061; 414-7321
Website: <http://www.depdro7.com.ph>

PROGRAM

I

Prayer	-----	Audio Video	
Pambansang Awit	-----	Audio Video	
Acknowledgement of Participants	-----		Mr. Victor Yntig
Welcome Remarks	-----		Supt. Virginia Zapanta
Statement of Purpose	-----		Dr. Vivian Ginete
Message	-----		Dr. Carmelita T. Dulangon
Rationale			
Orientation / Mechanics	-----		Dr. Adeline Luarez

II

Plenary Session

Nutrition	-----		Ms. Grace Espos
Sports Medicine	-----		Dr. Roel Dejana
Medical/Dental Requirements	-----		Dr. Berna Ysulan
Guidelines for Regional Documents (CVIRAA and Palarong Pambansa)	-----		Dr. Adeline Luarez
Rules and Responsibilities of Coaches and Code of Ethics	-----		Dr. Vivian Ginete
Overall Chairman	-----		Dr. Carmelita T. Dulangon
Co-Chair	-----		Supt. Virginia Zapanta
Training Manager	-----		Dr. Vivian Ginete
			Dr. Adeline Luarez
Training Team Leader	-----		Mr. Victor Yntig
Co-Team Leader	-----		
Resource Managers	-----		
Resource Speakers	-----		Dr. Vivian Ginete
			Dr. Danilo Villadolid
			Mr. Victor Yntig
			Dr. Berna Ysulan
			Ms. Grace Espos
			Dr. Roel Dejana

III

Break Out Sessions

Resource Speakers:

TENNIS

Nelson Maturan – Mandaue City
Rene Borgonia – Cebu Province
Normando Panilag – Cebu City

GYMNASTICS MAG

Celso Mayol – Mandaue City

GYMNASTICS WAG

Rowena Mayol – Mandaue City

GYMNASTICS RG

Whynn Reroma – Cebu Province

SEPAK TAKRAW

Renante Necesario – Mandaue City
Marlon Gicain – Cebu City

ARNIS

Ike Xavier Villaflores – Dumaguete City, Sports Com. Chairman
Noel Daculan – Mandaue City

TAEKWONDO

Edsel Ursal – Dumaguete City
Leonilo Roiles – Mandaue City
Joverlie Canoy – Mandaue City

BASKETBALL

Rene Petancio – Mandaue City
Aurelio Eslawan Jr. – Mandaue City
Regie Vega – Mandaue City

CHESS

Carmelita Ramirez – Mandaue City
Felix Poloyapoy Jr. – Cebu City
Dr. Fe Magale – Mandaue City

VOLLEYBALL

Kenn Norway Marzado – Mandaue City
Dindo Alilin – Mandaue City
Jessie Yongco – Cebu City

Edgardo Emperoso (Demonstrator)
Jessa Mae Novicio (Demonstrator)

Jomar Mari (Demonstrator)
Joema Sanchez (Demonstrator)
Rolly Niño Cosido (Demonstrator)

Training Matrix

Day 1	Time	Activities
7/17/14 Thursday A.M.	8:00 AM	Registration
	9:00-9:30	Opening Program
	9:30-10:00	Nutrition
	10:00-10:30	Medical Dental Required
	10:30-11:00	Sports Medicinc
	11:00-11:30	Roles, Responsibilities and Code of Ethics Coaches
	11:30-12:00	Guidelines for required/Palato Document for Athletes and Coaches
	12:00-1:00	Lunch Break
Thursday P.M.	1:00-2:00	Grouping by EVENTS Going to the different venues
	2:00 – 2:30	Pre-Test Snack Break
	2:30-5:00	Rules and Laws of the Game

Day 2	Time	Activities
7/18/14 Friday A.M.	8:00-10:00	Interpretation of the Rules
		Snack Break
	10:00-12:00	Coaching Techniques and Strategies
	12:00-1:00	Lunch Break
Friday P.M.	1:00-2:45	Human Relation Techniques in Handling Players
	2:45-3:00	Snack Break
	3:000– 5:00	Basic Training and Skills Demonstration

Day 3	Time	Activities
7/19/14 Saturday A.M.	8:00-12:00	Practicum
		Snack Break
		Post Test
		Lunch Break
Saturday P.M.	1:00 – 2:00	Clearing the House
	2:00 – 3:00	Closing Program
		Home Sweet Home